**Essential Oils and Skin Cancer**

Here are some essential oils to avoid when you have cancer:

* [Aniseed](http://www.essentialoils.co.za/essential-oils/aniseed.htm)
* [Basil](http://www.essentialoils.co.za/essential-oils/basil.htm)
* [Bay](http://www.essentialoils.co.za/essential-oils/bay.htm)
* [Clove](http://www.essentialoils.co.za/essential-oils/clove.htm)
* [Cinnamon](http://www.essentialoils.co.za/essential-oils/cinnamon-leaf.htm)
* [Fennel](http://www.essentialoils.co.za/essential-oils/fennel.htm)
* Ho leaf
* Laurel
* [Nutmeg](http://www.essentialoils.co.za/essential-oils/nutmeg.htm)
* Star anise

And the special essential oils to avoid when you have skin cancers and melanomas are:

* [Bergamot](http://www.essentialoils.co.za/essential-oils/bergamot.htm)
* And all [sun sensitizing](http://www.essentialoils.co.za/sun-sensitivity.htm) oils.

Some points to keep in mind when using essential oils:

* Keep massage light, and avoid deep massage over muscles as well as near the lymph glands.
* Do not massage areas that have been irradiated.
* Do not massage areas that have skin cancers.

Current protocol for supporting the body’s natural ability to heal skin cancer is the following (using a 1/2 and 1/2 mixture of the two oils):

1) Frankincense with Idaho Balsam Fir (3 days);
2) Frankincense with Tsuga (3 days);
3) Frankincense with Ledum (3 days);
4) Frankincense with Lavender (3 days);
5) Frankincense with clove, which may make the skin burn, so skip this step for cancer on the face (3 days);
6) Frankincense with Sandalwood (3 days); 7) Repeat cycle as needed.

The exact number of times the oils should be put on the skin cancer is up to the patient and their situation, but may range from 3 to 12 times a day.